# ~Preschool News~

Luke 2:11: "For unto you is born this day in the city of David a Savior, who is Christ the Lord."

#### **Preschool News:**

Christmas is an exciting time of year for children! Stores are filled with toys and sparkling decorations, house are decorated with Christmas lights, there are parties and events to attend, children get pictures with Santa, and the smell of cookies and pine fill your homes! During this time memories are made and traditions continue. This time of year can lead to selfish thinking because the commercialism of Christmas is everywhere we look. When asked, children often say their favorite thing is getting presents or meeting Santa, you can see the example of that through the responses from our preschool children below.

At a young age, children only have an awareness of themselves. Their brains have not yet developed to think of outside of themselves. Another term for this kind of thinking is Egocentrism. "Egocentrism in a child is the process of loving and discovering themselves through the love of others – when they are the center of the universe for everyone else." Children ages 2 to 7 are often self-centered, self-serving, and self-focused. This type of thinking begins to change as children grow older but this time of year when children seemingly get whatever he/she wants can fuel the egocentric mindset.

There are ways to manage egocentric children. It requires patience and consistency. This is a developmental phase, but it is important that caregivers do not ignore the behavior. It is necessary for adults to meet rational needs of children and ignore irrational demands. Do not ignore egocentric behavior or "bossy" attitudes, address behaviors when they arise. As a parent or caregiver, it is important to nurture the ability to love and respect people around them. God created humans to love one another, love is part of who we are. The bible is filled with stories that prove this statement true. The gift of Christ is one of many stories that show children God's love for his people. Share the story of Christ with your children, allow your children to share his/her feelings with you and share with them how others may feel when they learn of the story of Jesus. Doing so consistently will provide children with space in their hearts and minds to think of others, more importantly make room in their hearts for Jesus. When we let Jesus in our hearts, our minds begin to think outside of ourselves and more about those around us.

Christmas is the perfect time to work through an egocentric mindset in children. Here are some tips:

#### 1. Set the Limits

This can be difficult, as a parent, we want to give our children everything just they want, but it's ok to provide firm "No" to things that are not right or not needed.

### 2. Encourage Decision-Making

Participate in age-appropriate discussions and ask your child for their opinion about things that concern them and their environment.

# 3. Engage Your Child in Friendships and Play

Let your preschooler engage with other kids and build friendships. Children often begin to lose egocentrism when they realize their peers have different views. This causes an understanding of different realities.

#### 4. Observe and Listen to Their Self-Talks

This will help adults understand a child's thinking and will provide you with steps on how to deal with it.

#### 5. Encourage Open Talks

Provide opportunities to explore, discuss, and share ideas. Having open-ended conversations with children, this leads to both parties sharing thoughts and feelings.

# 6. Engage in Activities that Benefit Others

Donate to a toy drive, allow your child to put loose change in the kettle bell outside of the store, take cookies to elderly neighbor or family member, allow your child to be a part of the caring for others.

While you are enjoying this Christmas season, think about your favorite childhood Christmas memories- do you remember the gifts? Or more so the feelings you had, the smells in the air, the traditions that were kept, the family and friends you visited? Egocentrism can stay with us into adulthood, but with God's grace, we move beyond that phase of thinking. We think of others, enjoy the giving more than the receiving and love others the way God loves us.

Source: www.beingtheparent.com/understanding-ego-centrism-in-children/

#### Preschool students were asked "What is your favorite thing about Christmas?"

#### Pre-K1

Anders-Everything

Chase-I like when Santa brings me presents

Brinlee-Making Christmas cookies

Hendrix-Presents

Kaison-Getting presents

Willa-Decorating

Mila-I don't want coal

Konner-Watching Christmas movies

Warren-Getting presents

Madison-When Santa gives presents

#### Pre-K1

Mason-turtles

Kennedy-getting presents

Coralina-Everything

Elias-getting presents

Johanne-presents

Miles-gifts

Harold-giving presents

Jaxon-Presents and Christmas tree

Eleanor-Playing in the snow

#### Pre-K 2:

Tripp- The lights and ornaments

Levi-Decorating with my mom

Luke-Watching toy story with Harley and Teresa

Tyler- Getting presents and giving presents

Warren-When Santa comes to my house

Maisie-Opening presents

Emerson-Getting together with others

Kavik-Getting gifts and staying home

Wyatt-Making cookies with my mom

Eli-Going to see Santa

Elliott-Decorating the trees

Colton-Building the Christmas tree with mommy

Gracelynn-Getting make-up

Madison-Getting dinosaurs

Leo-Christmas trees

Aubree-Getting presents

Izzy-When Santa brings baby dolls

Clara-Decorating my house with mommy, daddy and Wyatt

#### Pre 3:

Eleanor-Cats

Payton-Gingerbread

Aaliyah-My teddy

Connor-My cars

Zaya-Decorating the Christmas tree

Ben-Christmas lights

Adalyn-Getting presents

Dawson-Getting presents

Wyatt-Christmas cookies

Charlee-Christmas lights

Kali-Getting presents

Kayde-Gingerbread houses

Gavin-Getting toys

Sage-Getting presents

Henry-Getting presents

Jaxson-Christmas lights

Maxwell-Christmas cookies

Olivia-Eating food

Kenzie-Decorating

Kylie-Santa brings me presents

Brody-getting presents

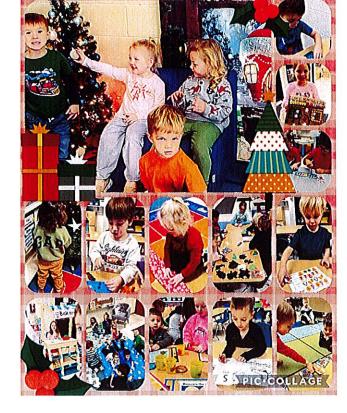
Owen-decorating

## **Important Dates:**

- Wednesday, Dec. 23<sup>rd</sup> Fri. Jan. 2<sup>nd</sup>: Christmas Break-Preschool Closed
- Mon. Jan. 5<sup>th</sup>: School resumes
- Fri. Jan. 16<sup>th</sup>: No School
- Mon. Jan. 20<sup>th</sup>: No School; MLK Day

#### Snow Make-up Dates:

- March 13, 2026
- March 16, 2026
- April 1, 2026
- April 7, 2026
- May 22, 2026



# MERRY CHRISTMAS and HAPPY NEW YEAR from St. Boniface Preschool!

Hours of Operation:

Before Care: 7:00-8:15 AM

Preschool Programs: 8:15 AM-3:15 PM (11:45 AM half day)

After Care: 3:30-5:30 PM

Be Grateful in all things and God Bless, Brooke Lander St. Boniface Preschool Director