

“Yet even now, says the Lord, return to me with your whole heart, with fasting, and weeping, and mourning; rend your hearts, not your garments, and return to the Lord, your God” (Joel 2:12-13).

This weekend we mark the halfway point of the season of Lent; three weeks in, three weeks to go. It is appropriate at such a point to pause and take stock of how our Lenten season is going. Maybe, if you're like me, you'll find after your review that your Lent hasn't been as spiritually fruitful as it could be. Maybe we haven't been praying like we planned. Maybe we've had a moment of weakness and done what we gave up for Lent. Maybe we simply haven't given Lent the time and attention we know that we need to grow.

Whatever the reason, it isn't too late. There is still plenty of time left this Lent to refocus and to recommit ourselves to the prayer, penance, and charity that mark this blessed season. Spend some of that time this weekend, at the halfway point, to reflect on what steps you can take to make the last three weeks of Lent better than the first three, and may God bless all our efforts this Lent and beyond to become more faithful disciples of our Lord.